

# ON THE LEVEL

BALANCING INDUSTRY & ASSOCIATION NEWS

On The Level - October 2016

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## Upcoming Events & Deadlines

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## Safety & Health News Round-Up

[OSHA Issues \\$105k Fine to Contractor Over Safety Violations at NJ Site](#)  
(OSHA)

[Study: Lack of Control Over High-Stress Jobs Can Lead to Early Grave](#)  
(ISHN)

[OSHA Investigating Construction Worker's Death](#)  
(OSHA)

[OSHA Warns of Hazards During Hurricane Matthew Cleanup](#)  
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## OSHA Releases Updated Recommended Practices

Earlier this week, OSHA released a set of [Recommended Practices for Safety and Health Programs](#) to help employers improve safety and health in their workplaces.

The recommendations will provide a contemporary update to OSHA's 1989 guidelines, and will focus on changes in the economy, workplaces and evolving safety and health issues. According to an OSHA Trade Release, "The recommendations feature a new, easier-to-use format and should be particularly helpful to small- and medium-sized businesses. Also new is a section on multi-employer workplaces and a greater emphasis on continuous improvement. Supporting tools and resources are included."

The recommendations include seven core elements for a safety and health program: management leadership; worker participation; hazard identification and assessment; hazard prevention and control; education and training; program evaluation and

improvement and communication and coordination for host employers, contractors and staffing agencies.

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## Halloween Safety Tips

For parents and kids alike, Halloween can be a magical time of year. Whether you are attending a party or trick-or-treating, there are a variety of ways to stay safe on this spooky holiday.

- Always accompany young children when trick-or-treating; or if your older children are going alone, plan a route that is acceptable to you.
- Instruct your children to only travel in familiar and well-lit areas and to never enter a stranger's home.
- Be sure all costumes and wigs are fire-resistant and all makeup is non-toxic.
- If you are driving, be sure to watch for children in the roadways since many could be in dark clothing.

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## OSHA's Top 10 Most Cited Violations of 2016

At the National Safety Council Congress & Expo, OSHA released its annual list of Top 10 Most Cited Violations encountered during safety inspections throughout the United States. This list serves as an alert to employers to address the most prevalent safety risks to their workers. The list is as follows:

1. Fall Protection
2. Hazard Communication
3. Scaffolds
4. Respiratory Protection
5. Lockout/Tagout
6. Powered Industrial Trucks
7. Ladders
8. Machine Guarding
9. Electrical Wiring
10. Electrical, General Requirements

## Check Out Our Blog Posts

The VPPPA blog is up and running! We have received numerous submissions so far and we would like to encourage others to send in articles. Our blog spans a wide variety of topics from respirator fit testing to fall protection and more. Check out our most recent post: [Bouncing Back After an OSHA Violation](#) as well as the rest of the [articles](#). Please email [communications@vpppa.org](mailto:communications@vpppa.org) if you are interested in submitting your own piece!

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