Upcoming Events & Deadlines:

**National Conference**
Late Registration  
*July 16 - August 3*

**National Conference**
Onsite Registration  
*August 3-27*

**Twitter Contest**  
*August 24-27*

Safety & Health News Round-Up

**Temp Construction**

**Confined Spaces Policy**
(OSHA)

**FACOSH Meeting**
Scheduled  
(OSHA)

**MACOSH Meeting**
Scheduled  
(OSHA)

**Mine Safety Training Grants**  
(DOL)

**TB Procedures for Healthcare Workers**

In This Issue

**July**

**Don't Get Burned this Summer**

**Twitter Contest**

**Illustrated Journey Winner**

**Roster Contest Winner**

**Don't Get Burned this Summer**

Although sunburn is a very well-known issue, many people are not aware of the true impact it can have. For workers who spend the majority of their workday outside, namely construction workers, sunburn poses a serious threat. According to the Deb Group, construction workers are six times more likely to develop skin cancer than the general population. The treatment and productivity losses for skin cancer caused by sunburn in the U.S. and Canada is more than $11 billion a year. A common misconception is that the sun has to be shining in order to get burned. Even on a cloudy day, “30-50 percent of the sun's rays reach the skin,” says the Deb Group.
Naturally, the first step is to wear sunscreen of at least 30 SPF, reapplying at least every two hours. The Centers for Disease Control and Prevention (CDC) offer several more recommendations for outdoor workers:

- Workers should wear wide-brimmed hats and sunglasses with almost 100% UV protection and with side panels to prevent excessive sun exposure to the eyes.

- Be mindful that dark clothing with a tight weave is more protective than light-colored, loosely woven clothing.

- High-SPF clothing has been developed to provide more protection for those with photosensitive skin or a history of skin cancer. If possible, invest in SPF clothing for your employees.

- It's important to remember to wear sunglasses: Chronic exposure of eyes to sunlight can cause pterygium, cataracts and ultimately lead to blindness. The CDC recommends sunglasses that have almost 100 percent UV protection.

The Occupational Safety and Health Administration warns that if you start to notice pale, wax-like, pearly nodules; red, scaly, sharply outlined patches; sores that don't heal or small, mole-like growths, you should visit a health care professional immediately.

-Back to Contents-
The winner will be notified via Twitter on Monday, Aug. 31. If you have any questions, contact the Membership Department at (703) 761-1146 or membership@vpppa.org.

Illustrated Journey Winner

Congratulations to the winner of our Illustrated Journey Contest: NIBCO Inc., Virginia. It's interesting to hear NIBCO's story of when they first started their safety program and how they have worked hard to achieve success. They introduced VPP in 2002 and had their first audit in 2006. A couple years later, NIBCO had their consultation audit. Following the success of those audits, and after many improvements, NIBCO had their VPP audit in 2014.

The passion they showed not only for their site, but for safety, made them our winner of the contest. Be sure to check out their story in a two-page spread in the summer edition of The Leader, in August.

Thank you to all who entered; it was a pleasure reviewing all of the entries and seeing the pride you take in your site!

Roster Contest Winner

Congratulations to Keith Bergseld, from Lion Copolymer Geismar, LLC, in Geismar, Louisiana, for winning the roster contest! Thank you to all who submitted updated rosters; your efforts will help us provide you with all the benefits of VPPPA membership.
To unsubscribe, send an email with REMOVE in the subject line to Communications@vpppa.org.