

ON THE LEVEL

◡ ◡ BALANCING INDUSTRY & ASSOCIATION NEWS ◡ ◡

On The Level - February 2019



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Award Nomination for The Leader Magazine

We are so excited to announce that the VPPPA quarterly magazine, *The Leader*, is nominated for an Association Trends All Media Award! The nomination is for our Autumn 2018 issue of *The Leader*, "Substance Abuse & the Workplace," in the Annual or Quarterly Magazine category. The results will be announced at the 40th Annual Salute to Association Excellence luncheon, on March 22, in Washington, D.C.

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Safety+ Registration Opens in Five Days

It's the final countdown. Registration for the 2019 Safety+ Symposium opens in **five days!** Be sure to check our [website](#) for registration information and to read more about the early bird rate. You won't want to miss these savings. Our host city for this year's event is New Orleans, LA. To read more about the activities, food and history the Big Easy has to offer, [click here](#).

In addition, don't forget to [submit a workshop proposal](#) if you are interested in presenting at the symposium. The deadline is coming up soon. We will accept proposals until **March 22**. If you have any questions, please reach out to the National Office

at conference@vpppa.org or call us at (703) 761-1146.

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Join the VPPPA National Board of Directors

The VPPPA is seeking nominations for the open board position of Director from a VPP Contractor/Construction Site. We would like to thank Jamie Robey for his hard work in this position, and his service to our association, over the last few years. All interested parties should submit their nominations form to nominations@vpppa.org by close of business on **February 28, 2019**. The VPPPA National Board will review all candidates and appoint a new board member to fulfill the remainder of the term.

To read the rules and requirements of this position, and to download the nomination forms, [click here](#).

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Let's Get Physical! Understanding Functional Body Mechanics to Prevent Employee Injuries Webinar

Employees are consistently coached on how to lift and move safely to avoid injury. But are your employees truly understanding why they should follow these recommendations in the real world? This presentation is an interactive look at the musculoskeletal system and provides coaching techniques that can be used to train your team to move safely in the most efficient way possible. Using these techniques, companies can improve employee health, reduce recordable incidents, and minimize future risk of injury.

Learning Objectives:

- Attendees will understand the psychological, sociological, and economic barriers in accessing today's healthcare systems.
- Attendees will comprehend the basics of general stretching and strengthening exercises to address discomfort, reduce the risk of injury, and improve overall health.
- Attendees will learn biomechanical coaching tools and how they will assist in the prevention of the common injuries in a workplace.

Speaker: Tony Kaczowski, MHCA, MLS, LAT/ATC, CEES, CSO of Briotrix Health

Date: March 12

Time: 1:00PM EST

Cost: \$65 for members, \$85 for non-members

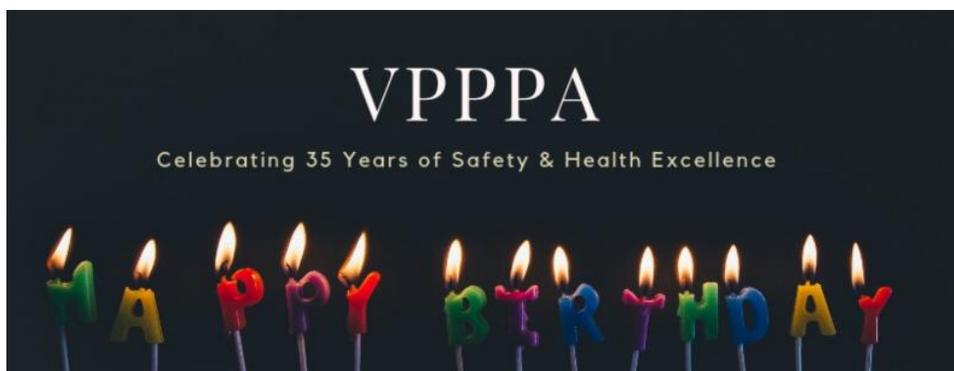
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VPPPA Trivia Contests

We have been having a blast hosting the VPPPA trivia contests so far this year. Be sure to enter the current contest for the chance to win free round trip plane tickets on Delta.

To be entered into the prize drawing, all you have to do is answer a VPPPA trivia question correctly. Read more about our 35th birthday and answer the trivia question [here](#).

Stay up-to-date on our future contests and prizes by "liking" VPPPA on [Facebook](#).



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OSHA News

March 2, 2019, is the deadline for electronically reporting your OSHA Form 300A data for calendar year 2018. OSHA published a Final Rule to amend its recordkeeping regulation to remove the requirement to electronically submit to OSHA information from the OSHA Form 300 (Log of Work-Related Injuries and Illnesses) and OSHA Form 301 (Injury and Illness Incident Report) for establishments with 250 or more employees that are required to routinely keep injury and illness records. Covered establishments are only required to electronically submit information from the OSHA Form 300A (Summary of Work-Related Injuries and Illnesses). The requirement to keep and maintain OSHA Forms 300, 300A, and 301 for five years is not changed by this Final Rule.

To read more about this process, and find answers to your questions regarding electronic reporting, [click here](#).

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Association Announcements

Write for a VPPPA Publication

Have you checked out the [VPPPA Blog?](#) Send us an article regarding any safety or health topic, and we will consider adding it to our blog schedule.

If you would like to write for a VPPPA publication, or know of someone who is interested, please email communications@vpppa.org. We look forward to hearing from you!

Membership News

If you have any news or pictures from your site that you would like to share (an award, a VPP approval, a member who went above and beyond, etc.), please send it to communications@vpppa.org. We would love to add your updates to the next On The Level newsletter or post it on our social media pages.

Member of the Month

Have you checked out the [Member of the Month](#) section on our website? If you would like to nominate someone as the VPPPA Member of the Month, please email membership@vpppa.org.

The February Member of the Month is Rufus Daniel Evans. You can read about him [here](#).

Congratulations, Rufus!



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We would like to thank our Premier Level sponsors!

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VPPPA

7600-E Leesburg Pike, Suite 100
Falls Church, VA 22043

www.vpppa.org
(703) 761-1146

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7600-E Leesburg Pike, Suite 100
Falls Church, VA 22043